



WINTER TIPPS

Your **travel companion**
through the Murau region



www.regionmurau.at



Weil es dir gut tut.

Disclaimer

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SKI & SPORT

Snow-covered mountain peaks, a frozen river Mur and valleys dusted with snow – welcome to your very own winter fairy tale in the Murau region! The winter region of Murau can be enjoyed in peace on ski slopes, cross-country ski trails, Bavarian curling rinks, ice skating rinks and ski tours.



SKI Grebenzen

With wide slopes, a "magic carpet", practice carousel and reduced entry for persons up to 28 years old, the Grebenzen ski area is particularly family and young person friendly. Its 27 kilometres of slopes provide the perfect ground both for beginners to make their first turns in the snow and for rapid descents in the style of Nici Schmidhofer. The ski area offers a free baby lift for little ones, a "magic carpet" and a carousel to learn and practise. The Grebenzen ski area impresses with its great mountain panorama, new 10-person gondola lift and rustic ski huts along the slopes.

Operating hours:
December to March,
9.00 a.m. to 4.00 p.m.
T. +43 (0) 3585 2455
www.grebenzen.at



Kreischberg

Enjoy carving and boarding in the trendiest ski area in the region. The World Championship mountain delights with 42 km of wonderfully wide and perfectly maintained slopes from 860 to 2,120 metres above sea level. In addition to that, Kreischberg has some unique "extras". There is a speed run with timekeeping, permanent racetrack, snow park, tubing arena, baby lift, "magic carpet", practice slopes, the Dino Forest, the KreiSchi safari and the KreiSchi ghost train. A total of 14 cable cars and lifts ensure a comfortable ascent. The highlight among them is the modern 10-person gondola!

Operating hours:
December to April
8.30 a.m. to 16.00 pm.
T. +43 (0) 3537 300
www.kreischberg.at

Boarder Park on the Kreischberg

The new "Kreischberg Snow Park" has proven a complete success! The Kreischberg offers a perfectly designed and professionally supervised fun park at 1,900 metres above sea level. A "beginner line" and the more challenging "medium line" guarantee fun and action at the highest level.



Lachtal

Crystal clear mountain air, snow-covered landscapes, bright sunshine and perfectly prepared slopes at 2000 metres all combine to make LACHTAL truly special. Two modern six-person cable cars and eight lifts bring winter sport enthusiasts from 1,600 to 2,222 metres above sea level. The perfect ski experience is guaranteed by 150 hectares of skiing, broad slopes and ski routes across a total distance of 36 km. Lachtal and Kreischberg are true "favourites of Styria". A ski pass offers you delightful carving and boarding in two of the best-loved and largest ski areas in Styria. Forget about your everyday worries away from the slopes with tobogganing, cross-country skiing and winter hiking in beautiful snow-covered landscapes. Stop for a bite to eat, linger a while and simply enjoy yourself in the traditional ski huts on the Lachtal, where home-made delicacies pamper the palate and "a Zirberl" schnapps gets the pulse racing.

Operating hours:
December to April
9.00 am to 4.00 pm
T. +43 (0) 3587 203-0
www.lachtal.at



Turracher Höhe

Thanks to its altitude of 1,763 m above sea level, the Turracher Höhe is one of the snowiest ski regions in Austria. Skiers and snowboarders are thrilled by the 43 kilometers of snow-sure slopes, which extend up to 2,205 meters. Attractive family offers, child-friendly businesses, the 1.6 km long Alpine roller coaster Nocky Flitzer and wide, wide slopes in the middle of the Nockberge round off the winter fun. A special feature: As ski guides, the "piste butlers" who take our guests to the most beautiful and spectacular places, know the most rustic huts and make the ski holiday unforgettable.

Fun Mountain Turracher Höhe

Adrenaline junkies get their money's worth with winter action on the fun mountain!

Operating hours:
end of November to
beginning of May,
9.00 a.m. to 4.00 p.m.
T. +43 (0) 4275 8252
bergbahnen@turracherhoehe.at
www.turracherhoehe.at



Trockneralm ski-lift, Krakau

You can actively experience alpine skiing and snowboarding in Krakau. Small but high-quality lift facilities with snow machines connect family-friendly and clearly laid out slopes. The team at the Krakau Ski School provides a full package of ski courses, service and rental on location.

T. +43 (0) 660 933 66 15

The highlight of the winter season is the Krakau FIS event, during which an exciting ladies' giant slalom race is held.

**Operating hours:
December to March
09.30 a.m. – 16.00 p.m.**



Schöder Children's Ski-Lift

Fun on the slopes for beginners and the whole family. This small area with drag lift is perfectly suited for practising one's first turns in the snow.

Open depending on snowfall.

Family Ski Area

Tonnerhütte

In the small yet delightful Tonnerhütte ski area on the Zirbitzkogel, the hut's own drag lift means that long queues are a thing of the past. In the toboggan and ski area at the Tonnerhütte you can expect optimal slope conditions and snow-sure skiing fun thanks to the location at 1,600 m above sea level and snow-making system.

Open starting from the winter holidays; Tonnerhütte, Mühlen.

T. +43 (0) 3583 30077

www.tonnerhuetten.at

Cross-Country Skiing

Arrive, enjoy and top up your energy. Furthermore, do all of this in what is probably one of the most charming areas in Styria. The Murau region is home to an exceptionally beautiful cross-country ski trail which will take you into the heart of the picturesque landscape. Cross-country skiing is healthy for the whole body while the fresh air allows you to forget about everyday stresses and frees your mind.

Karchau

Karchau cross-country ski trail

Parking and starting point: Moser Alpine Guest House
 Distance: 1,5 km | Difficulty level: Easy | Price: Free
 Cross-country skiing technique: Classical

A wonderful cross-country ski trail on the Karchauer Hochrücke (1,160 m) set in a dreamlike landscape with wonderful views towards the Murtal and Wölzer Tauern. The trail is located in the northernmost part of the Zirbitzkogel-Grebenzen Nature Park.

Moser Cross-Country Ski Trail

Parking and starting point: Moser Alpine Guest House
 Distance: 1 km | Difficulty level: Easy | Price: Free
 Cross-country skiing technique: Classical

The cross-country ski trail begins at the car park at the Moser Alpine Guest House, which is also known as the "Karchauer Wirt" or inn. From the start, you slide across the southern side of the street in loops with only minimal ascents and descents over the wonderful snow-covered winter landscape. In summer, cows graze here on the fresh, lush grass. Perfect for connoisseurs!

Krakau

Prebersee Mountain Cross-Country Ski Trail

Parking and starting point: The Preberhof Inn or near Ludlalm
 Distance: 8 km, two lanes | Difficulty level: Medium
 Prices: charges apply
 Cross-country skiing technique: Classical and skating

Cross-country skiing on the mountain that brings people together! Enjoy the fresh air and the wonderful countryside on this mountain cross-country ski trail in the sport and leisure region of Prebersee. Cross-country skiing fans are certain to get their money's worth at around 1,500 metres above sea level. The classic run on this trail is about 8 km and leads skiers through snow-covered meadows and fields. A perfectly prepared skating course of 6 km is available for more sport-minded cross-country skiers. Subject to change, maps available in the tourism office!



Address: Pabstin 1, 8813 St. Lambrecht
 Contact: +43 3585 2468 | +43 664 12 21 583 | info@sport-plank.at
 www.sport-plank.at

Would you like to ...
get new sports equipment for winter?

Do your skis or snowboards need a ...
general overhaul?

Would you like to ...
rent a proper racing ski for a day or two?

Don't you want to ...
drag your whole equipment home every day?

... Then stop by!

Right at the valley station of Grebenzen lifts.





SKI GREBENZEN

St. Lambrecht

**#GREBENTO:
EINZIGARTIGER
WINTERGENUSS**

im Herzen von Österreich

Pabstin 4 | 8813 St. Lambrecht
Telefon: +43 3585 2455 | Fax: +43 3585 2455-4
info@grebenzen.at | www.grebenzen.at

Lachtal**Mountain Cross-Country Ski Trail on the Lachtal**

Parking and starting point:
Car park at the valley station
Distance: 1.6 km
Difficulty level: Easy
Price: Free
Cross-country skiing technique:
Classical and skating

Here you can use the beautiful, quiet 1.6 km long cross-country ski trail and enjoy the breathtaking landscape.

**Laßnitz bei Murau Weirerteich Pond Cross-Country Ski Trail**

This cross-country skiing Eldorado offers around 14 km of double-tracked trails. In addition, biathlon has recently begun: Anyone who wants to emulate local hero and 7-time medalist Christoph Sumann can try their hand at the shooting range with guidance.

The Nordic Shop run by Sport Maier offers rental services and courses immediately next to the beginning of the trail.

The Murau region has been awarded the Styrian Cross-Country Trail Seal of Approval.

Weirerteich Pond Cross-Country Ski Trail

Thanks to the snowmaking system, the cross-country ski trail is guaranteed to have snow from the end of November. The floodlights enable night cross-country

skiing from 6 p.m. to 9 p.m. (every Tuesday and Thursday). Parking and entry options: "Setz di' nieder" inn at the Weirerteich
Length: Approx. 6 km
Difficulty level:
Easy to medium
Prices: charges apply
Cross-country skiing technique:
Classical and skating

Starting at the Weirerteich Pond, the trail leads across gently undulating meadows and continues through a valley normally covered in deep snow via the Habenhöhe until around 2 km in front of St. Lambrecht and then back again.

Valley Cross-Country Ski Trail

Parking and starting point:
The "Setz di' nieder" Inn at the Weirerteich Pond or the Laßnitz Freizeitwirt Inn.
Length: Approx. 2.2 km (with suitable snowfall)
Difficulty level:
Medium to difficult
Prices: charges apply
Cross-country skiing technique:
Classical and skating

The route passes through forests and meadows from the Weirerteich Pond to the Freizeitwirt Inn in Steir. Laßnitz.

Village Cross-Country Ski Trail

Parking and starting point:
The Laßnitz Freizeitwirt Inn.
Length: Approx. 6 km (with suitable snowfall)
Difficulty level:
Easy to medium
Prices: charges apply
Cross-country skiing technique:
Classical and skating

Starting at the Freizeitwirt Inn in Laßnitz, the trail mainly lays on meadows on the sunlit side of the Laßnitz.



Mühlen

Hörfeld Cross-Country Ski Trail

Parking:

Mühlen sports ground

Start: Steinwider Farm

Distance: 4.7 km

Difficulty level: Easy

Price: Free

Cross-country skiing technique:

Classical and skating

The Hörfeld cross-country trail delights cross-country skiing enthusiasts in the idyllic nature park borough. The beautiful cross-country ski trail network offers wonderful panoramic views.

Oberwölz

The Oberwölz cross-country Ski Trail

Parking and starting point:

Oberwölz Leisure Centre

Length: Approx. 6 km

Difficulty level: Medium

Price: Free

Cross-country technique: Skating

Start at the leisure centre for a 6 km round trail!

Ranten

Ranten-Seebach Cross-Country Ski Trail

Parking and starting point: Along the trail, for example, at the Löwenwirt Inn (parking at Waschrad), at Trattenbauer, at the Hammerschmied Inn and at the sports facility in Ranten. In Seebach next to the former Hornwirt Inn.

Length: Approx. 6 km, two lanes;

Difficulty level: Easy to medium

Price: Free

Cross-country skiing technique:

Classical and skating

On the Ranten cross-country ski trail you're afforded wonderful views across the surrounding mountains, such as the Greim, the Gstoder and the Preber. Due to its difficulty rating (easy to medium), the trail is suitable both for beginners and connoisseurs.



St. Blasen

The Short Kalkberg Cross-Country Ski Trail

Parking and starting point:
Schilcherhof Farm, St. Blasen

Distance: 4.5 km

Difficulty level: Medium

Price: Free

Cross-country skiing technique:
Classical

Parking is also available at both locations. You can glide away from the stresses of everyday life in the meadows and fields of Kalkberg's farms and through the forests of the Dürnberger Moor under a winter sun. If enough snow has lain, the Kalkberg trail leads to Vockenbergl where the "Gasthaus zur Linde" Inn warmly invites you in for a well-earned break.

Enjoy the wonderful heights (1,700 m above sea level) and glide along the 2.5 km long cross-country ski trail through wonderful pine forests on the Kreischberg Mountain!

Cross-Country Ski Trail at the Golf Course

Parking and starting point: at the
Eagle – Inn on the golf course

Length: Approx. 3.5 km

Difficulty level: Easy

Price: Free

Cross-country skiing technique:
Classical and skating

From the starting point at the golf course and restaurant car park, follow the circular trail across the wonderfully situated Murau-Kreischberg Golf Course.

St. Lorenzen am Kreischberg

Kreischberg Mountain Cross-Country Ski Trail

Parking: Valley station

Kreischberg Cable Cars

Start: Kreischberg Mountain Station

Ascent with the gondola
(fees apply)

Length: Approx. 2.5 km

Difficulty level: Medium

Price: Only the gondola ride is
subject to a fee

Cross-country skiing technique:
Classical and skating

Tonnerhütte

„Uphill Tobogganing“ on the Zirbitzkogel

Pure tobogganing fun!

Comfortable from
T-bar lift to the mountain
top. Great for family, business
and Club excursions.



Find out more about
„Uphill Tobogganing“ at
www.tonnerhuette.at

Tonnerhütte opens:

Middle of December: Daily open
during the holiday season. Regular
Open: Friday, Saturday & Sunday.

Kitchen is open
from 12 a.m.
to 6 p.m.

Tonnerhütte, Zirbitzkogel, Jakobsberg 2, 8822 Mühlen
Tel.: 03586/30077, www.tonnerhuette.at

Ski pass partner cooperation:

With a valid multi-day or season ticket from the ski areas
Grebenzen, Kreischberg or Lachtal 1 h „Uphill Tobogganing“
including toboggan at the Tonnerhütte € 5,00
discount (valid: 9:30 a.m. - 4:00 p.m.)



The ski pass partner campaign cannot be combined with the voucher
for „Uphill Tobogganing“.



Get 2 - pay 1

Voucher for
„Uphill Tobogganing“

Show this voucher at the Tonnerhütte and get
two 1-hour tickets for „Uphill Tobogganing“
for the price of one! (Toboggan incl.)
Valid from 9:30 a.m. to 4:00 p.m.



St. Peter am Kammersberg The Sunny Cross-Country Ski Trail on the Pöllauer Höhe Mountain

Parking and starting point: The Ms Monika Leitner estate, house name Hartl, next to the street.

Length: 3.3 km | Difficulty level: Medium | Price: Free

Cross-country skiing technique: Classical and skating

The sunny cross-country ski trail on the Pöllauer Höhe mountain is the ideal circular track for beginners and amateur cross-country skiers and is suitable for both the classical and skating style.

Valley cross-country ski trail between Schöder and Feistritz

Parking and starting point: Schöder Riding Hall, Baierdorf West or 300 m from the Feistritzer north entrance

Distance: 7.1 km | Difficulty level: Medium | Price: Free

Cross-country skiing technique: Classical and skating

St. Peter/Kbg. – Katschtal trail

Parking and entry options: Riding hall Schöder ad. Baierdorf West

Length: 7.1 km | Difficulty: medium | Cost: free; classic and skating

The cross-country trail between the Schöder Riding Arena and the Fischerhütte lodge, house name Adambauer, is a wonderful cross-country ski run along the Katschbach in winter with four circular runs!

Stadl an der Mur Murtal Cross-Country Ski Trail

Starting point: Lutzmannsdorf Bridge in St. Lorenzen and other starting points along the length of the trail.

Parking: Immediately next to the bridge – besides the curling rink and in Stadl/Mur next to the Bräuhauser Refreshments Bar, Paul Pichler & Family.

Length: Approx. 15 km depending on snowfall

Difficulty level: Easy to medium | Price: Free

Cross-country skiing technique: Classical and skating

Along the Mur cycle path, the cross-country ski trail leads to Stadl via St. Ruprecht-Falkendorf and back to St. Lorenzen. Smaller circular routes also lead into the meadows next to the cross-country ski trail.



Turracher Höhe Cross-country ski trails on the Turracher Höhe

Difficulty level: Approx. 5.5 km easy; Approx. 7.2 km medium.

Cross-country skiing technique: Classical and skating

Prices: Free for overnight guests at Turracher Höhe, otherwise subject to a fee.

In addition to the ski area, the Turracher Höhe impresses guests as a cross-country skiing paradise. Three different trails of a total distance of 13 km are available to choose from.

All tour details about the cross-country ski trails, as well as cross-country ski trail status, can be found at www.regionmurau.at

These trails (except the Weirerteich trail center) are only groomed when there is sufficient natural snow and are not maintained on a daily basis.



Ski Touring

If you enjoy climbing our mountains in summer, you can of course also do this in winter in all its white splendour. Experience the most beautiful ski tours that our region has to offer. When ski touring, please make sure that you are always equipped with the appropriate safety equipment! Our ski and snowboard schools also offer guided tours.

Grebenzen

Day, night and full moon ski tours (1,870 m)

Starting point: SKI Grebenzen

Duration: 2-3 hours

Difficulty level:

Medium-difficult

Ski tours can be undertaken during the winter season while the lifts are in operation. The Grebenzen ski area offers night ski tours every Friday until 21:30 for all night-owls and ski tour enthusiasts. Full moon ski tours are also available on nights with a full moon.

The ski tour departs from the valley station and leads through the Grebenzen forest via the pilgrimage church of Maria Schönanger and on to the Grebenzenhaus. You can continue up to the first Grebenzenhöhe peak.

Krakau

Edelfeld (2,333 m)

Starting point:

Etrachsee Lake (1,373 m)

Duration: 3.5 hours

Difficulty level: Medium

A wonderful ski tour awaits you in the Etrachtal Valley!

Preber (2,736 m)

Starting point:

Ludlalm/Prebersee Lake (1,526 m)

Duration: 3.5 hours

Difficulty level: Medium

The Preber is one of the highest peaks in the Lower Tauern. It is one of the most popular ski tour destinations in the Eastern Alps. The Preber is definitely worth visiting throughout winter and the firn tours in spring are especially enjoyable.

Rantental with Rantentörl (2,163 m)

Starting point:

Klausenbergsäge Sawmill (1,299 m)

Duration: 4 hours

Difficulty level: Medium

Beautiful springtime ski tours in the Ranten valley. You begin at the Klausnerberg Sawmill. From here you head along the Rantenbach (no. 2 marking) into the Ranten Valley. Hüttendorf is on the right-hand side. Go past it and continue to follow the summer marking until Lake Ranten. Go past the lake on the right-hand side and it's another 1 to 1.5 hours to the Rantentörl.



Krakau

Ski tours on the Tockneralm (2,303 m)

Starting point:

Krakau, the Schallerwirt Hotel (1,322 m)

Duration: 3 hours

Difficulty level: Medium

A simple tour with plenty of wonderful views. There are extensive downhill slopes which offer fantastic variations. In summary: The Tockneralm is the perfect mountain for skiing. The route has been changed slightly. It starts at the Schallerwirt Inn car park. From there, the route (Landesstraße, Klausen, Schallerwirt) is clearly marked until the edge of the trees.

Kreischberg

Kreischberg Mountain (2,002 m)

Starting point:

Midway mountain station (1.441 m)

Duration: 1.5 hours

Difficulty level: Medium

It is also possible to enjoy ski touring on the mountain at the Kreischberg ski area. The ascent can begin from the six-person gondola's midway station at the edge of the ski slope. There is a separate lift ticket for ski-tourers for the ascent from the valley to the midway station. You must make your final descent from the mountain before the pistes are closed for the day. The ski slopes are closed daily from 17:00 to 8:00. They may not be entered or used for skiing during these times.

Lachtal

The "Großlachtal" Ski Route

Car park next to the six-person chairlift valley station

Duration: 4.5 hours

Difficulty level: Medium

From the starting point (Reifboden) to the cross-country ski trail, go left past the Reifhütte lodge and across the Großlachtal to the Zinkenlift mountain station (2,221 m). You can descend via the ski slope. The tour will reward you with a wonderful view across the surrounding Lachtal ski area.

Guided ski tours

(Beginners' tours, special tours for advanced skiers, sunrise tours)

Duration: Beginners – max. 4 hours

Advanced – individually tailored

Sunrise: 3 - 4 hours

Difficulty level:

Beginners – Easy

Advanced – Medium/difficult

Sunrise – Medium

The Brunner am Lachtal ski school offers guided tours for beginners and advanced skiers. Experiencing sunrise in the deeply snow-covered mountains is an absolute must for any ski tour fan.

More information can be found at
www.ski-lachtal.at
T. +43 (0) 664 135 40 70

Welcome

to the most beautiful ski slopes far



The new Kreischberg 10-seater gondola lift is a giant leap into the future when it comes to technology and quality. It takes skiers up the mountain even faster and more comfortably, without waiting in long queues.

Hits for kids



www.kreischberg.at

phone: +43(0)3537-300

and wide



KREISCHBERG
MURAU



www.lieblingssteirer.at



Our ski slopes are awesome: Kreischberg and Lachtal were recently honored with the golden international ski slope award. Again and again, both ski resorts receive awards for the quality of the slopes, snow guarantee, and customer satisfaction.



Lachtal fascinates with its high alpine character. The highest peak reaches up to 2.222m.

A tip for ski and snowboard freestyle fans: "Snowpark Kreischberg".



Children love the adventure slopes: dinosaur forest, Kreischi-safari, Kreischi-ghost trail, or wild Lachtal.



phone: +43(0)3587-203

www.lachtal.at



Murau

Frauenalpe (1,997 m)

Starting point: Murau (831 m)
or the Murauerhütte lodge (1,583 m)
depending on snowfall

Duration: 2 - 4 hours

Difficulty level: Easy to medium

It is now possible to use touring skis and snowshoes on the former slopes for the first time without disturbing ongoing ski operations. The descent is prepared using a slope machine for all those who prefer to ski down a prepared piste. The Frauenalpe near Murau offers a paradise for those who enjoy winter sports away from the hustle and bustle of ski areas.

Seetal

Gstoder (2,133 m)

Starting point:
Fresen/Seetal (1,222 m)

Duration: 3 hours

Difficulty level: Medium

Just like the Preber, the Gstoder is a boundary mountain between Styria and State of Salzburg. Due to its location directly opposite the main ridge, amazingly far-reaching views of the Lower Tauerns' southern slopes can be enjoyed. The enchanting view as well as a moderately high climb and limited demands on skiing technique mean that the Gstoder is one of the most popular and rewarding touring destinations. Nevertheless, this beautiful high-winter ski mountain remains something of an insider tip.

St. Peter am Kammersberg Greim (2,474 m)

Starting point:

Greimhütte lodge (1,649 m)

Duration: 2 - 3 hours

Difficulty level:

Medium-difficult

Begin at the starting point at the car park next to the Greimhütte lodge, head past the hut in a north-westerly direction and cross into the wide flank of the Greim towards the legendary Greimrinne gully.

You come to the first steep ascent at this point. Depending on your physical condition, you can either climb up in the gully or in serpentine to the right. It will soon become flatter again and you follow the road until you reach the junction between Sandkogel and Greim. Keep to the right and head north over the mainly snow-free slope before climbing to the summit cross at 2,474 m. On clear and sunny days, the view at the peak extends to the Dachstein and the Großglockner!

Zirbitzkogel

Zirbitzkogel (2,375 m)

Starting point: Tonnerhütte

Duration: 4-7 hours (ascent)

Difficulty level:

Medium-difficult

A beautiful and rewarding ski tour which is made much easier by the drag lift there to help you make the ascent. The ski tour is safe from avalanches and assured of snow. The Zirbitzkogel offers an incredible view across the High Tauern mountains, all of the Lower Tauern mountains, the Eisenerz Alps, the Seckauer Alps, the Hochschwab, the Stubalpe, the Koralpe, the Saualpe, the Steiner Alps, the Julian Alps in Slovenia and far-reaching views into the Zirbitzkogel-Grebenzen Nature Park.



Snowshoe hiking

Snow crystals glisten in the sun and silence reigns in a winter forest covered in a fresh layer of snow. With snow shoes on your feet, trudging through beautiful wintry landscapes is made easily possible! The Murau region offers a broad range of terrain for this very activity: From lovely hikes to alpine impressions with an opportunity to experience the summit, the options are extremely varied.

KRAKAU

Tour to the Holzerhütte lodge (1,576 m)

Starting point:
Unteretrach, Jagawirt Inn;
Duration: 4.5 hours
Difficulty level: Medium

Take hiking route number eight to the "Lackenkreuz" and continue to the Holzerhütte lodge where you can enjoy beautiful views of the Gstoder and the Krakau. From here, take route number nine in the direction of the Krakau plane. You leave the forest path at a fork and take panoramic trail ten back to the starting point.

Lachtal

Schießbeck (1,580 m - 2,275 m)

Starting point: Car park at the six-person chairlift valley station
Duration: 3.5 hours
Difficulty level: Easy

A snowshoe tour west of the Lachtal ski area will delight many experienced snowshoe hikers. A large part of the walk is above the forest boundary. This offers boundless views which extend from the "Karawanken" across the "Julian Alps" to the first 3000 metre high mountains in the Eastern Alps.



Murau

Frauenalpe (1,997 m)

Starting point:
Murauerhütte lodge (1,583 m)
Duration: 4 hours
Difficulty level: Easy

A nice easy tour over a snow-covered forest road which goes through larch and stone pine forests and open alpine pastures. There is a view of the Murau mountains and the Kreischberg ski area. There is a wonderful panoramic view on the Frauenalpe of the Julian Alps, the Steiner Alps, the Saulpe and the Wölzer Tauern.

Kreischberg**Guided tours at the ski and snowboard schools**

Difficulty level: Medium to difficult

Information: Richi's Ski School

T. +43(0) 676 925 56 75

Suli Snowboard School

T. +43(0) 664 322 85 86

Hiking away from the cleared paths becomes a true nature experience in the seclusion of the Kreischberg. Anyone who has ever strapped on their feather-light snowshoes will find it difficult to take them off again such is the impressive and inspiring experience they offer all nature lovers.

Murau**Stolzalpe (1,810 m)**

Starting point:

Stolzalpe Hospital, House 2

Duration: 4 hours

Difficulty level: Easy

Keep to the yellow information sign in the direction of the Stolzalpe. The forest road leads up the mountain where there is a beautiful view of the Upper Murtal. A part of the route leads through thick spruce forest. Follow the marking as you pass through it, during which you will switch between the forest road and hiking paths. Take a moment now and again to peer into the Ranten Valley and in the direction of Krakau until you come to a short, steep section which leads to the chapel under the peak. From here, there is not far to go until you reach the tree-free peak with fantastic views across the surroundings. Return via the same route.

Nature Park**Grebenzen (1,870 m)**

Duration: 2 - 5 hours

Difficulty level: Easy-difficult

With snowshoes on your feet, you can hike to locations covered in thick snow and secret quiet spots far removed from the stress and chaos of everyday life.

Schöder**Feldkögerl (1,973 m)**

Starting point:

The Gangl am Schöderberg Inn

Duration: Approx. 4 hours

Difficulty level:

Medium-difficult

As you pass through snow-covered forests along the hiking trail, head in the direction of Gangleck and continue on to the summit cross. Approx. 800 elevation metres and 10 kilometres.

St. Peter am Kammersberg Greim (2,474 m)

Starting point: Greimhütte lodge

Duration: 3 - 4 hours

Difficulty level:

Medium-difficult

You march through the snowy winter landscape along the hiking trail and ridge before reaching the summit cross and returning to the starting point via the Sandkogel along the Greimrinne gully. Approx. 840 elevation metres and 7 kilometres

Turracher Höhe**Guided tours with rangers from the Biosphere Reserve at the Nock Mountains.**

Duration: 2 - 3 hours

Difficulty level: Medium

Guided snowshoe tours are available as part of our butler program for guests in one of our butler establishments. Alternatively, they are available once a week with a ranger from the Biosphere Reserve at the Nock Mountains.

T. +43 (0) 4275 665

The Turrach Pro ski school also offers guided snowshoe hikes, T. +43 (0) 699 115 03 379.

Get yourself a copy of the **Rother Snowshoe Walking Guide with 62 tour recommendations from authors Silvia Sarcletti and Elisabeth Zienitzer in tourism offices across the Murau region!**



Ice time: Fun on Ice

Ice rinks are particularly popular in the Murau region with both locals and guests and young and old. Whether you want to draw figures of eight on a frozen natural lake or let a curling stone glide across the ice towards the target on a Bavarian curling rink, the time will simply fly by when you spend it with family and friends on the ice. Use dependent on temperature.

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- Starting point of the 5.2 km Natural toboggan run



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Bavarian Curling Rinks

KRAKAU

Badesee Lake, Krakaudorf

T. +43 (0) 3535 70993

Floodlit

MARIAHOF

Ritzinger Inn

T. +43 (0) 3584 2307

Curling stones available, floodlit

MÜHLEN

Mühlen sports ground

T. +43 (0) 3586 2208

Floodlit

Tonnerhütte

T. +43 (0) 3586 30077

Floodlit

MURAU

Eichholzer Inn

(advanced booking necessary)

T. +43 (0) 664 918 81 71

Covered curling rink,
curling stones available

NEUMARKT

Zum Bräuer Inn

T. +43 (0) 3584 2275

Curling stones available, floodlit

OBERWÖLZ

Operated by the Tanner Inn

North of the city wall

Oberwölz

T. +43 (0) 3581 8383

Curling stones available,
Floodlit

PERCHAU

Neuwirt Inn

T. +43 (0) 3584 2302

Covered curling rink

PREDLITZ

The Zum Postwirt Inn – Village Square

T. +43 (0) 676 448 66 98

Curling stones available,
Floodlit

RANTEN

The Hammerschmied Inn

T. +43 (0) +43 (0) 3535 8614

Curling stones available, floodlit

SCHÖDER

The Hirschenwirt Inn in Schöder

T. +43 (0) 3536 8274

Curling stones available, floodlit

The Neuwirt Inn in Baierdorf

T. +43 (0) 3536 8493

Curling stones available, floodlit



www.rosenhof-murau.at ★★★★★

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STADL AN DER MUR

The Da Bräuhauser Refreshments Bar

T. +43 (0) 3534 2338
Curling stones available,
Covered, floodlit

ST. BLASEN

The Kirchmoar Inn

T. +43 (0) 3585 2330
Covered curling rink, floodlit,
curling stones available

Moser Alpine Guest House

T. +43 (0) 3588 280
Curling stones available, floodlit

ST. LAMBRECHT

Marktteich Pond

T. +43 (0) 3585 2344
Curling stones available, Floodlit

ST. LORENZEN

AMKREISCHBERG

The Lindschinger Family, house name Spreitzer

T. +43 (0) 3537 429
Curling stones available

ST. PETER AM KAMMERSBERG

The Trattner Inn in St. Peter

T. +43 (0) 3536 8286
Curling stones available, floodlit

The Volz Mühle

T. +43 (0) 664 284 36 37
Curling stones available, floodlit

The Berghof Inn in Pöllau am Greim

T. +43 (0) 3536 8290
Curling stones available,
Covered curling rink, floodlit
„Die Auszeit“ am Campingplatz
T. +43 (0) 664 188 64 66

ST. RUPRECHT

Below the wood museum

T. +43 (0) 664 918 70 31

THE STOLZALPE

Behind the church

Information available
from Mr Auer
T. +43 (0) 664 459 16 90

TURRACHER HÖHE

The Romantic Jägerwirt Lake Hotel

Directly adjacent to Lake Turrach
T. +43 (0) 4275 8257
Curling stones available

The Alpenrose Inn

Maierbruggersiedlung
T. +43 (0) 4275 8262
Curling stones available,
floodlit



Ice Skating

KRAKAU

Badesee Lake, Krakaudorf

T. +43 (0) 3532 2720

Ice thickness permitting

Open daily, Free entrance

Schattensee lake

T. +43 (0) 3532 2720

Ice thickness permitting

Open daily, Free entrance

LACHTAL

Lachtal village entrance

- keep right;

on the left

before the car parking spaces

T. +43 (0) 3587 2030

Open daily. Free entrance

MARIAHOF

The Furtner Pond – The Jéra Inn

T. +43 (0) 3584 2810

Free entrance, open daily

with suitably thick ice

MÜHLEN

Sports Ground

T. +43 (0) 3532 2228

Free entrance, open daily!

MURAU

Open-air swimming pool, floodlit

T. +43 (0) 3532 23 100

Free entrance!

SCHEIFLING

Scheifling Freisambad

T. +43(0)3582 2315

Admission free, if suitable

Ice thickness open daily

NEUMARKT

Middle school/tennis hall

T. +43 (0) 3584 2476

Free entrance, open daily

with suitably thick ice

OBERWÖLZ

Vorstadt 119 – Leisure Centre

T. +43 (0) 3581 8203

Free entrance, open daily

PREDLITZ

Behind the primary school

T. +43 (0) 3534 2215

Free entrance, open daily

with suitably thick ice

RANTEN

At the sports ground behind the Hammerschmied Inn

T. +43 (0) 3532 2720

Floodlit and with music on the weekend. Fees apply during the Christmas holidays: daily from 16:00 to 19:00

Otherwise:

Friday: 17:00 to 20:00

Saturday 15:00 to 18:00

Sunday: 15:00 to 18:00

SCHÖDER

children's skating rink by the football pitch

T. +43 (0) 3536 7070

Free entrance, open daily

with suitably thick ice

STADL AN DER MUR

Am Badesee

T. +43 (0) 3534 2215

Floodlit during the holidays and at weekends. Free entrance

ST. LAMBRECHT**Marktteich Pond**

T. +43 (0) 3585 2344

Free entrance, open daily
with suitably thick ice**ST. LORENZEN****AM KREISCHBERG****Open-air pool**

T. +43 (0) 3537 221

free entrance

ST. MAREIN BEI NEUMARKT**Primary school**

T. +43 (0) 3584 2107

Free entrance, open daily
with suitably thick ice**ST. PETER AM KAMMERSBERG****Greimarena Ice Park**

T. +43 (0) 664 467 30 40

Artificial skating rink, floodlit
until 21:00, entrance fees apply,
open daily - Please look at the
reservation plan online (www.stpetererhaie.at), ice skate hire
available (fees apply)**ST. RUPRECHT****next to the school**

T. +43 (0) 3537 221

free entrance

THE STOLZALPE**Behind the church****next to the ice rink**

T. +43 (0) 3532 2720

Free entrance

TURRACHER HÖHE**Small, natural skating rink
at Lake Turrach**

T. +43 (0) 4275 83920

Free entrance, open daily
with suitably thick ice**ZEUTSCHACH****The Seeblick Inn**

T. +43 (0) 3584 3140

Free entrance, open daily - high
chance of ice**The Grasluppteich Pond -
The Fischerwirt Inn**

T. +43 (0) 3584 2339

Free entrance, open daily
with suitably thick ice


The perfect starting point for ski and snowshoe tours. The hotel is located next to the Dockneralm lifts and is known for its excellent cuisine. The chef mainly cooks regional products. Sauna, a heated panoramic outdoor pool, sun terrace, seminar room, massages and much more.

Hotel-Restaurant Stigenwirth
8854 Krakau - Krakaubene
Phone: +43(0)3535/8270
hotel@stigenwirth.at
www.stigenwirth.at






Tobogganing

On your toboggan, ready, go! In Murau, there's absolutely nothing stopping you from enjoying a fun tobogganing party any more. Downhill fun awaits the entire family both day and night!

Grebenzen – Chairlift Run

The ski area also offers you the opportunity to ascend using the chairlift. You enter the lower part of the toboggan run via the toboggan run next to the ski slope. Opening hours: Daily with sufficient snowfall. You can ascend with the chairlift during operating hours (daily from 09:00 – 16:00).

SKI Grebenzen T. +43 (0) 3585 2455

Grebenzen - Natural toboggan run

Tobogganing fun from the Grebenzenhaus to the valley station. The approximately 4.5 km long natural toboggan run has something to offer for tobogganers of all ages. Please don't forget your headlamp! Open daily during the holidays; otherwise Thursday, Friday & Saturday from 4 p.m. The ascent takes place with the new 10-seater gondola lift (charges apply).

Lachtal

The floodlit toboggan run begins at the Hirzmann-Alm. Open until 22:00 depending on snowfall. Free entrance! Toboggan hire (charges apply) at Café Hannes (next to the six-person chairlift valley station).

T. +43 (0) 3587 396

Uphill tobogganing at the Tonnerhütte

Who hasn't wished from time to time that it were as easy to toboggan up the hill as down? This dream has finally become a reality with the uphill toboggan run at the Tonnerhütte on the Zirbitzkogel. The safety toboggans are attached to the drag lift and off you go. You then toboggan down on a specially created run through the snow-covered pine forest.

Opening hours: During lift operating times. Dates for night-time tobogganing are also available (www.tonnerhuetten.at).

T. +43 (0) 3586 30077

Turracher Höhe – toboggan run

Prices include ascent and descent (with Nockyflitzer or train)! Adults €17.00, children 6 - 14 years €13.00 and children 3 - 5 years €5.50

T. +43 (0) 4275 8392-0

Kreischberg-Eagle Rodelbahn

Opening times: During lift operating hours,

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www.skiundsport.com

Lachtal

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www.suli.at

Kreischberg Ski School Prop. Mayer

Valley station and mountain station
T. +43 (0) 664 550 16 04
T. +43 (0) 664 516 27 09
info@skischule-kreischberg.at
www.schischule-kreischberg.at

The Outdoorcenter Ski School Richie's Ski School

The ski school's office is at the six-person gondola mountain station
T. +43 (0) 676 925 56 75
wirnsberger.richi@gmail.com
www.outdoorcenter-skischool.at

Turracher Höhe

Pertl Ski School
8864 Turracher Höhe 7
T. +43 (0) 664 457 05 77
info@skischule-pertl.at
www.skischule-pertl.at

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Barbarasiedlung 402
8864 Turracher Höhe
Tel. +43 (0) 699 115 03 379
office@turrach-skipro.at
www.turrach-skipro.at

Husky's Snowboard School

Office next to the Kornock lift
T. +43 (0) 676 553 76 70
info@huskys-turrach.at
www.huskys-turrach.at

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COURSE OFFERINGS

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EXTRA: Free biathlon shooting.

Learn how to cross-country ski

Six-hour course from 10:00 to 12:00 each day (Monday to Wednesday) from December to March course: €99 per person or €60 for children under 10 years old or €79 for pupils/students (including three-day cross-country ski ticket). Rental package for course participants available half price at Sport Maier.

Information at
www.sport-maier.at

Event Highlights at the Cross-Country Ski Centre

31. December 2023

Sport Maier Biathlontrophy

21.+22. Februar 2024

2023 Kids Cross Country Fun Days

Full Moon Snowshoe Hiking on the Frauenalpe

Snow crystals glisten in the moonlight and silence reigns in a winter forest covered in a fresh layer of snow. With snow shoes on your feet, trudging through beautiful wintry landscapes is made easily possible!

Having set out for an evening hike in snowshoes, you'll enjoy the beautiful winter wonderland of the Frauenalpe. Standing at just under 2000 metres in height, the district capital of Murau's local mountain is a well-known area for alternative winter sports enthusiasts and is the perfect setting for full moon hikes. Headlamps are kept switched off unless absolutely necessary.

You can set out on one of our guided snowshoe hikes together with Elisabeth Zienitzer and Silvia Sarcletti, Styria's leading snowshoe experts. You'll receive hire equipment as well as professional advice on how to use your snowshoes effectively. Experience an evening full of enjoyment with this relaxed and gentle winter activity while surrounded by unspoiled nature and fresh air.



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info@power-ski.at
www.power-ski.at

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(The ski depot is directly adjacent to the valley station; warm and dry ski boots, heated lockers for two to four people, 750 depot places)

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www.suli.at

ST. LAMBRECHT**Plank Sports Store**

Grebenzen Valley Station
8813 St. Lambrecht
T. +43 (0) 3585 2468
info@sport-plank.at
www.sport-plank.at

TURRACHER HÖHE**Intersport Brandstätter**

Turracherhöhe 325, 8864 Turrach
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info@sport-brandstaetter.at
www.intersport-brandstaetter.at

Husky's, Turracher Höhe

8864 Turracher Höhe 341
T. +43 (0) 676 553 76 70
info@huskys-turrach.at
www.huskys-turrach.at

Skiworld Sports Shop

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www.skiworld.at

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WINTER HIKING

Enjoy some peace and quiet and forget about the stresses of everyday life. Take a spectacular winter hiking trail through forests and meadows covered with thick snow in the Murau region!



Krakau **Höflalm Trail**

Start: The Klausenbergsäge (sawmill)

Distance: 10.6 km | Walking time: Approx. 3.5 hours | Elevation gain: 405 m

Starting at the Klausenbergsäge sawmill, branch off after 200 metres onto a forest road (route number three) heading in the direction of the Höflalm. Go along this path until you reach the Höflhütte lodge (no service available). Return via the same route. A beautiful winter hike through a snow-covered winter landscape and with a wonderful view of the Preber. The tour is also suitable for families.

Lachtal **Winter hike** **to the Kleinlachtalhütte lodge**

Start: The car park at the six-person chairlift

Distance: 2.3 km | Walking time: Approx. 1.5 hours | Elevation gain: 159 m

A brief time-out from everyday life. While hiking through this wonderful winter landscape, you'll soon forget about your everyday worries. On arrival at the Kleinlachtalhütte lodge, the hostess will be sure to offer you something delicious to eat. You'll return to the starting point feeling restored and relaxed.



Mühlen

Tonnerhütte Panoramic Trail

Start: Tonnerhütte

Walking time: Approx. 2 Hours | Distance: 3.2 km | Elevation gain: 199

This panoramic trail is a beautiful round trek which leads from the Tonnerhütte across meadows and through forests to the Herter Höhe. There you can enjoy the spectacular view and orientate yourself using the panorama information board.



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St. Lambrecht

St. Lambrecht Circular Hiking Trail

Start: St. Lambrecht Abbey

Distance: 8,7 km

Walking time: Approx. 3 hours

Elevation gain: 185 m

A hiking tour with only a minimal ascent that reflects the character of the Seelenbad and the diverse landscape around St. Lambrecht from different angles.

Lois Steiner Trail

Start: The hike starts in front of the abbey doors

Distance: 4.8 km

Walking time: Approx. 1.5 hours

Elevation gain: 104 m

This sunny hiking trail runs from St. Lambrecht to St. Blasen along the 4th stage of the VIA NATURA, the 130 km long-distance hiking trail that connects all three nature park communities in ten stages and challenges people to learn from nature and get closer to it once again. The fourth stage is focused on the topic of "Sound in Nature and Architecture". A section of the Lois Steiner Weg also runs along this beautiful stretch.

St. Lambrechter Walking History Tours

Walking time: Approx. 2 hours

Prices: Adults: €7.00; Children: €3.50;

Winter hikes with historical information about St. Lambrecht.

Information: www.murau-botschafter.at

T. +43 (0) 660 169 50 85

St. Blasen

Winter treks with horses

Start: Schilcherhof Riding Stables

Walking time: Approx. 2 hours

Prices: charges apply

Discover the winter landscape of the Zirbitzkogel – Grebenzen Nature Park on horseback in the company of a riding instructor.
Am Kalkberg 8, 8812 St. Blasen

The Plank Family, Schilcherhof

T. +43 (0) 664 466 16 58



St. Lorenzen am Kreischberg

The Kreischbergsee Lake Round Tour

Start:

The six-person gondola mountain station

Distance: 1.6 km

Walking time: Approx. 1 hours

Elevation gain: 42 m

Prices: The gondola ride

A straightforward mountain hiking route which begins at the Kreischberg mountain station. From there, follow the designated route in the direction of Kreischberg Speichersee, the heart of the snow-making facility there. You round the Speichersee Lake before marching back to the mountain station.

Zirben Mountain Hiking Route on the Kreischberg

Start:

The six-person gondola mountain station

Distance: 3 km

Walking time: Approx. 2 hours

Elevation gain: 84 m

Prices: The gondola ride

Follow the signposted mountain path from the Kreischberg mountain station through the Zirben forest until the Rosenkranz lift valley station. The return journey is made using the same path. Once you've arrived back at the mountain station, head down the mountain into the valley with the gondola. Make certain to enjoy the majestic view when descending with the gondola.

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INSTRUCTIONS IN





St. Peter / Kammersberg

Walking path on the sunny side of the mountain

Start: Mülhlatratte

Distance: 3.9 km | Walking time: Approx. 1.5 hours | Elevation gain: 99 m

A beautiful circular walk from the Mülhlatratte to the Butterkreuz via the Eichberg and back to the starting point. Enjoy the superb mountain and valley views along the way!

Turracher Höhe

Winter Hiking

Start: Lake Turrach

A total of 15 km of winter hiking trails lead through Swiss stone pine forests, over meadows covered in thick snow and along the three mountain lakes.

Zeutschach

Zeutschacher Hiking Trail

Start: The Fischerwirt Inn

Distance: 8.1 km | Walking time: Approx. 2 hours | Elevation gain: 100 m

We start at the Grasluppteichen and go first to the right and then immediately to the left towards Muhrenteich. We go straight ahead to the Muhrenteich, then immediately left towards Zechner and keep to the left. Arrived on the road, we walk to the church. We keep to the right and go straight ahead until we reach the Hainz Chapel. There we turn left and go back to the grass loaf ponds.



WINTER FUN FOR CHILDREN & THE ENTIRE FAMILY

The fun and enjoyment to be had in the white splendour of winter is the main focus of any family holiday. In the Murau region, families have the opportunity to delight in a magical winter holiday rich in experiences.

Murau

Alphabet Letter Hunt

Get the treasure map at the Murau Adventure Region information office directly in Murau and explore the city of Murau with your family. The treasure map will lead you to locations where clues in the form of red letters are hidden. If you successfully complete the tour, you'll receive a small gift! For children from four to 15 years old.

Zirbitzkogel – Grebenzen Nature Park

3D Archery Course on Touring Skis or with Snowshoes

Equipped with a bow and arrow and with snowshoes or touring skis on your feet, you pass through the wintry forest. Waiting for you there are 86 life-size figures on three different routes.

Beginners' Course: Adults €40.00 | Children €35.00

Please call in advance to book courses!

Gottfried Eichhöbl

T. +43 (0) 676 936 52 87

www.godi.at

Learn how to read animals – The fascination of the horse

Horses are true masters of communication and learned how to express themselves through body language thousands of years ago. Experience and feel what it means to lead with clear signals.

Costs: charges apply; Tuesday to Saturday

From the beginning of December to Easter on arrangement with the Plank family.

Schilcherhof Farm, Regina Plank

T. +43 (0) 664 466 16 58

On the trail of game

Go in search of traces of a special kind. Follow tracks and learn new things about the life of wild animals and everything a hunter does.

Costs: charges apply

On arrangement with the Kalcher Family, Moar zu Lessach

T. +43 (0) 3585 2334

St. Georgen am Kreischberg

Puzzle Trail

On the route around the village you will find small colourful houses where clues are hidden. After the walk, a small surprise will be waiting for you in the information office.

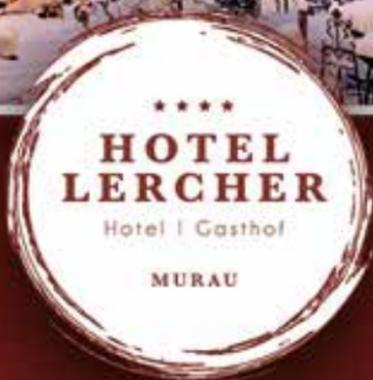
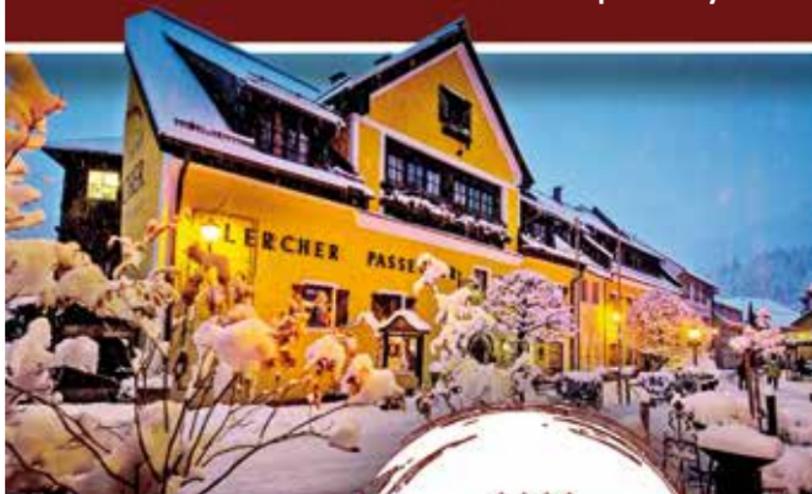
Turracher Höhe

Nocky Flitzer – The legendary summer and winter toboggan run

How quickly time flies! Starting at a height of 2,000 metres, you suddenly find yourself down below in the valley. The Nocky Flitzer alpine roller coaster speeds you down into the valley through fresh mountain air. At 1.6 km and with sharp bends and wavy tracks, it is certain to leave children absolutely beaming with delight.



300 years of
traditional culture
of hospitality



When the snowflakes are dancing from the sky, the Hotel Lercher invites you to take time for your winter holiday in the Murau region.

This family-run hotel welcomes you in the historic old town of Murau.

In Lercher's Wirtshaus a personally reserved table is waiting for you. You will be spoiled with traditional Dishes made from regional products, according to the motto: "Styrian cuisine with Austrian diversity".

Hotel Gasthof Lercher
Schwarzenbergstraße 10
8850 Murau
Tel. +43(0)3532 2431

office@hotel-lercher.at
hotel-restaurant-lercher.at



CULTURE & TIPS

In addition to many different kinds of winter sport, the Murau region also offers a varied cultural and leisure time programme. There's no chance of boredom even away from the slopes and winter hiking trails!



The City of Murau

Murau. A historical wintertime town with a modern flair. The district capital of Murau has a lot to offer in the winter too. Numerous idyllic and above all romantic nooks warmly invite you to linger a while, look and marvel. The popular Mur promenade, the perfect place for a gentle winter walk, leads you directly to the "Brewery of the Senses".

You're invited to get to know the old town better on a winter city tour or take the opportunity to explore the district capital on your own.

Audio Tour through Murau

Anna Neumann will provide you with fascinating insights into the city and its buildings especially while explaining the significance of timber to the town, a vital raw material for the region. The audio tour through the city is certain to enchant you. Audio devices can be hired in the Murau Information Office at Liechtenstenstrasse 3-5. English, German, Hungarian and Italian language options are available.

Price: €5.00

Winter Tour in the Benedictine Monastery St. Lambrecht

The collections of the Abbey Museum provide an interesting insight into the more than 900-year history of the Benedictine monastery.

Tours of the monastery for groups of 10 or more people are possible by prior arrangement, costs for small tours of the monastery: €6.00, children €4.00, large tours of the abbey: €8.00 children €5.00.

T. +43 (0) 3585 2305-29
www.stift-stlambrecht.at



SKI & SPORT

WINTER HIKING

Guided Winter Walks and Hiking Tours

Murau

Winter walk through historic Murau:

Every Monday, 10:00 a.m.
Meeting point at the train station
Duration approx. 1.5 hours
Cost: € 10.00/per person

Registration required by 8 p.m.
the day before
Minimum participants: 5 people

St. Lambrecht

“St. Lambrecht stories”

a winter walk around St. Lambrecht Abbey.
Every Thursday, 4 p.m.
Meeting point Stiftstor
Duration approx. 1.5 hours
Cost: € 10.00/per person

Registration required by 8 p.m.
the day before
Minimum participants: 5 people

Neumarkt

“Of knights, giants and Romans”

a walk through the streets of Neumarkt.
Every Friday, 5 p.m.
Meeting point Mariensaulle Main Square Neumarkt
Duration approx. 1.5 hours
Cost: € 10.00/per person

Registration required by 8 p.m.
the day before
Minimum participants: 5 people

Winter forest hikes, snowshoe hikes individually bookable at any time!

All offers can be booked at:
T. +43 (0) 660 1 69 50 85
www.murau-botschafter.at

FAMILIES

CULTURE & TIPS

EATING

A - Z



Museums

Brewery of the Senses

A modern adventure tour takes you on an excursion deep into history in the old vaulted cellar. There you'll peer into the exhibition fountain and gain deep insights into the past.

Guided tours from Tuesday to Saturday at 2 p.m. or 4 p.m.
www.brauereidersinne.at

The Precious Stone Museum, Krakaudorf

Minerals from the Alps and from across the entire world. The exhibition includes petrified woods, opals and a fluorescent cabinet.

T. +43 (0) 3535 8239

T. +43 (0) 664 155 59 69

www.guniwirt.at

Kranzelbinder Precious Stone Museum, Turracher Höhe

T. +43 (0) 4275 8233

T. +43 (0) 664 102 16 99

www.kranzelbinder.at

Local History and Pipe Museum

The historic Scheiflinger Dorfkeusche houses an extensive local history collection and a pipe museum. Viewings and tours are only possible with advance booking!

Home House: Bahnhofstraße 13 8811 Scheifling

Pipe Museum: Schlossgasse 4, 8811 Scheifling

T. +43 (0) 664 357 33 68

T. +43 (0) 664 495 78 83



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Hotel & Restaurant
Raffaltplatz 17, 8850 Murau
Tel. +43 3532 2437





Free Time Tips

Après Ski, Styrian style!

A farmhouse experience with a schnapps tasting and a hearty "Brettljause" meal at Schleiferhof Farm. After a tour of the distillery and an explanation of the processes you'll have the opportunity to taste the fine liquors. An authentic Styrian "Brettljaus'n" meal serves as the perfect lining for your stomach.

Dates TBC.

T. +43 (0) 3584 2656

Archery

Course with 30 animals

Entry price: € 10,

Equipment (basic price): € 10,-, and practice area € 5 adults, € 0 teenagers or practice area with obstacle course €10 adults, € 5 teenagers) You are welcome to bring your own equipment.

Schopfart 3D Archery Park
The Anton Weilharter Family
St. Lorenzen 38

8861 St. Georgen am Kreischberg
Tel. +43 (0) 676 419 64 24
www.3d-bogenpark.at

Indoor pool

After skiing, head to Murau's indoor pool. There waiting for you is a 25 m tournament pool, sauna and children's area with an adventure water slide.

T. +43 (0) 3532 2310 800

www.baeder-murau.at

Monday rest day

Indoor Golf Studio

You can enjoy a round of golf during the winter months as well.

High definition, realistic 3D graphics as well as authentic natural sounds and light effects make this possible. Always open from TU to SU, from 10:00 - 22:00. Am Grünen Weg 5, 8813 St. Lambrecht

T. +43 (0) 664 540 66 96

JUFA Cinema, Murau

You can find up-to-date film listings on our events calendar at www.regionmurau.at.

T. +43 (0) 664 8831 5208

www.jufahotels.com/kino-murau/

Climbing in Murau

The climbing centre provides adventures up to a maximum height of 13 metres with 35 climbing routes in total.

Alpine Club – Murau Section

T. +43 (0) 3532 451 00

T. +43 (0) 664 455 20 70

Only with advance booking!

www.tennishallemurau.at



Skittle Alleys

- **The Hammerschmied Inn**

Ranten | T. +43 (0) 3535 8614

- **The Murtalerhof Inn**

Stadl an der Mur

T. +43 (0) 3534 2237

- **The Kreischberg Relax Resort**

St. Georgen am Kreischberg

T. +43 (0) 3537 25002

- **The Würschl Inn**

Katsch an der Mur |

T. +43 (0) 3588 270

T. +43 (0) 664 922 20 54

- **The Reiter Kegelstüberl Inn**

Oberwölz

T. +43 (0) 664 450 90 62

- **The Gössler Inn**

Mühlen | T. +43 (0) 3586 2251

Air rifle shooting

Air rifle shooting at the Moarhof, Murau Castle with professional supervision. From November to the end of March, every Thursday from 18:00 to 21:00. Children must be accompanied by their parents. Not for children under eight years of age.

Price per person: €5

Horse Drawn Sleigh Rides

Departure times:

13:00 | 14:30 | 16:00 | 17:30

Noriker Express bus stop (opposite St. Lorenzen train station)

Turracher Höhe

Josef Egger

T. +43 (0) 664 981 91 54

Only with reservation by phone!

Judenburg Planetarium – Observatory

T. +43 (0) 3572 44088

www.sternenturm.at

Redbull Ring Spielberg

8724 Spielberg

T. +43 (0) 3577 202

www.redbullring.com

Tandem paragliding

Flights possible daily with good weather. Advance booking required!

PetAir

Peter Schaffer

T. +43 (0) 664 534 70 68

Aufwind Flight School

Michael Grabmaier

T. +43 (0) 650 518 8040

www.aufwind.at

Tennis and Squash

Murau Tennis and Squash Hall

Online booking

www.tennishallemurau.at

Neumarkt Tennis Hall

T.+43 (0) 664 143 97 56

sektiontennis.neumarkt@gmail.com

Aqualux Spa

Thermenallee 10, 8753 Fohnsdorf

T. +43 (0) 3573 20780

www.therme-aqualux.at



EATING

Enjoy a fine meal and discover one or two of the region's delicacies, stop by for a cosy beer or plan a party. You're invited to take a culinary tour through the Murau region!



Bars & Cafés

KRAKAU

Cafe Sonnegg

Krakauschatten 25B
8854 Krakau
T. +43 (0) 3535 7191
ferienanlage@sonnegg.cc
www.sonnegg.cc

Mona Lisa Disco

Krakau ebene 25b, 8854 Krakau
T. +43 (0) 3535 7191
ferienanlage@sonnegg.cc
www.sonnegg.cc

MURAU

Bierapotheke

Anna Neumann Straße 34
8850 Murau
T. +43 (0) 664 884 35 887
bierapotheke@murauerbier.at
www.murauerbier.at

Cafe Auszeit

Keltensiedlung 140, 8850 Murau
T. +43 (0) 3532 40567

Cafe Krone

Raffaltplatz 8, 8850 Murau
T. +43 (0) 3532 4010

Cafe Stocklauser

Bundesstraße 13 b, 8850 Murau
T. +43 (0) 3532 40504
www.stocklauser.at

The Alpin Hotel

Breakfast available
(advance booking required)
Bahnhofstraße 4, 8850 Murau
T. +43 (0) 664 427 11 22
hotelalpin.mu@gmail.com
www.hotelalpin-murau.eu

Café Crema pastry shop

Anna-Neumannstraße 9
8850 Murau
T. +43 (0) 664 523 15 67
office@cafecrema.at
www.konditorei-cafe-crema.
business.site

Stadtcafe Murau

Bahnhofstraße 5, 8850 Murau
T. +43 (0) 3532 44422
info@stadtcafe-murau.at
www.stadtcafemurau.at

Stüberl

Grazer Straße 27, 8850 Murau
T. +43 (0) 664 918 81 67

NEUMARKT IN DER STEIERMARK

Café Altenbach

Wiener Straße 27
8820 Neumarkt
T. +43 (0) 660 617 81 84

Café Central

Hauptplatz 10, 8820 Neumarkt
T. +43 (0) 3584 2292
ktn1@gmx.net
www.cafe-central.co.at

Café Pub Schwarzer Adler

Hauptplatz 37, 8820 Neumarkt
T. +43 (0) 664 572 05 14

Café zum Lesepark

Schwimmbadstraße 14
8820 Neumarkt

Hilde's Pub

Kärntner Straße 9
8820 Neumarkt
T. +43 (0) 3584 4140
T. +43 (0) 664 282 23 86
hildegardlammer@aon.at
www.hildespub.at

Tollhaus

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8820 Neumarkt
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T. +43 (0) 664 381 14 01
sascha@tollhaus-neumarkt.at
www.tollhaus-neumarkt.at

Werner's Café

Hauptplatz 31, 8820 Neumarkt
T. +43 (0) 3584 40058
T. +43 (0) 664 434 68 22

OBERWÖLZ/LACHTAL**Altstadtcafé Brunner**

Hauptplatz 25, 8832 Oberwölz
T. +43 (0) 3581 8433
altstadtcafebar@gmail.com

Café Central

Hauptplatz 10, 8832 Oberwölz
T. +43 (0) 664 24 19 199
helmut.unter@yahoo.de

Café Stadtbäckerei Zechner

Stadt 5, 8832 Oberwölz
T. +43 (0) 3581 20064
bakermann66@aon.at

Kaufhaus Kreuzer und Pizzeria

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Kegelstüberl Reiter

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8832 Oberwölz
T. +43 (0) 664 450 90 62
kegelstueberl@aon.at

RANTEN**Kaminstüberl**

Troinerweg 10, 8853 Ranten
T. +43 (0) 3535 70923

SCHÖDER**Bäckerei Huber**

Schöder 21, 8844 Schöder
T. +43 (0) 3536 200 10
www.huber-backt.at

ST. GEORGEN**AM KREISCHBERG****Bäckerei Stocklauser**

Kreischbergstraße 3
8861 St. Georgen am Kreischberg
T. +43 (0) 3537 20011

ST. LAMBRECHT**Seppwirt-Stüberl**

Weißbach 5
8813 St. Lambrecht
T. +43 (0) 3585 2207
josef.kreuzer@seppwirt.at
www.seppwirt.at

ST. PETER AM KAMMERSBERG**Marktcafé**

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T. +43 (0) 664 474 00 00
josef.hotter@aon.at
www.marktcafe.eatbu.com

TURRACHER HÖHE**Café Bauernstüb'n**

Jägerwirtsiedlung 65
8864 Turracher Höhe
T. +43 (0) 4275 8451
info@bauernstueb'n.eu
www.bauernstueb'n.eu

Inns & Guest Houses**DÜRNSTEIN IN
DER STEIERMARK****Gasthof Leitner**

Wildbad-Einöd 22
9323 Dürnstein in der Steiermark
T. +43 (0) 4268 2824
gasthofleitner@gmx.at
www.gasthofleitner.at

KRAKAU**Landgasthof Jagawirt**

Krakauschatten 34, 8854 Krakau
T. +43 (0) 3535 8260
info@jagawirt.com
www.jagawirt.com

Gasthof Liftstüberl

Krakau ebene 22 D, 8854 Krakau
T. +43 (0) 664 898 99 85
info@liftstueberl.eu

Gasthof Schallerwirt

Krakauhintermühlen 55
8854 Krakau
T. +43 (0) 3535 8334
info@schallerwirt.at
www.schallerwirt.at

Gasthof Tankstüberl

Krakaudorf 101, 8854 Krakau
T. +43 (0) 3535 8262
T. +43 (0) 664 276 55 92
urlaub-mertens@speed.at
www.urlaub-mertens.at

Gasthof Tauernwirt

Krakau ebene 53, 8854 Krakau
T. +43 (0) 3535 8342
info@tauernwirt.at
www.tauernwirt.at

Preberhof

Krakauschatten 1, 8854 Krakau
T. +43 (0) 664 235 60 33
T. +43 (0) 650 503 20 13
info@preberhof.at
www.preberhof.at

MARIAHOF**Gasthof Knappenwirt**

Hoferdorf 113, 8812 Mariahof
T. +43 (0) 3584 2542
info@knappenwirt.at
www.knappenwirt.at

**Gasthaus Ritzinger**

Mariahof 2, 8812 Mariahof
T. +43 (0) 3584 2307
kirchenwirt@gh-ritzinger.at

Jerà am Furtnersteich

Stadlob 81, 8812 Mariahof
T. +43 (0) 3584 2810
T. +43 (0) 664 734 18 533
info@jeramsee.com
www.jeraseeblick.com

MÜHLEN**Gasthaus Gössler**

Nr. 25, 8822 Mühlen
T. +43 (0) 3586 2251
office@gasthaus-goessler.at
www.gasthaus-goessler.at

Gasthaus Hirschenwirt

Nr. 19, 8822 Mühlen
T. +43 (0) 3586 2228
info@gasthaus-hirschenwirt.at
www.gasthaus-hirschenwirt.at

Gasthof Rauchenwald

St. Helen 34, 8822 Mühlen
T. +43 (0) 664 589 63 38
gh.rauchenwald@aon.at
www.gasthof-rauchenwald.at

MURAU**Alpengasthof Krische**

Frauenalpe 1, 8850 Murau
T. +43 (0) 3532 2320
office@frauenalpe.com
www.frauenalpe.com

Der Freizeitwirt

Laßnitz 90a, 8850 Murau
T. +43 (0) 664 520 43 42
andreas.szemlics@gmail.com

Gasthof Eichholzer

Friesacherstraße 11, 8850 Murau
T. +43 (0) 664 918 81 71
gruenfels@muraunet.at
www.gasthaus-eichholzer.
business.site

Gasthof Egidiwirt

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gasthof@egidiwirt.at
www.egidiwirt.at

Gasthof Wallner

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T. +43 (0) 3532 2461
gasthof.wallner@aon.at

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T. +43 (0) 681 18 48 76 707
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www.almstubelachtal.at

Gasthaus Zucker

Stadt 63, 8832 Oberwölz
T. +43 (0) 664 243 18 44
gh-zucker@hotmail.com
www.gasthaus-zucker.at

Moar im Dorf

8831 Schönberg-Lachtal 9
T. +43 (0) 3587 27303

„Oberer Bräuer“**Gasthof Wohleser**

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PREDLITZ**Gasthof Postwirt**

Predlitz 25, 8863 Stadl-Predlitz
T. +43 (0) 3534 20383
info@postwirt-predlitz.at
www.postwirt-predlitz.at

Gasthof Muster-Stüberl

Predlitz 29, 8863 Predlitz
T. +43 (0) 660 679 79 42
apartments.muster@gmail.com
www.musterstueberl.at

RANTEN**Landgasthof Hammerschmied**

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www.hammerschmied.com

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SCHÖDER**Gasthof Hirschenwirt**

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T. +43 (0) 3536 8274
gasthof@hirschenwirt-schoeder.at
www.hirschenwirt-schoeder.at

Gasthof Neuwirt

Baierdorf 4, 8844 Schöder
T. +43 (0) 3536 8493
T. +43 (0) 664 154 73 13
office@gh-neuwirt.at
www.gh-neuwirt.at

STADL AN DER MUR**Gasthof Murtalerhof**

Steindorf 11, 8862 Stadl/Mur
T. +43 (0) 3534 2237
murtalerhof@murau.at
www.murtalerhof.at

Gasthof-Pension Ortner

8862 Stadl/Mur 6
T. +43 (0) 3534 2284
info@gasthof-ortner.at
www.gasthof-ortner.at

STOLZALPE**Hotel-Gasthof Käferhube**

Stolzalpe 69, 8852 Stolzalpe
T. +43 (0) 3532 2528
info@kaeferhube.at
www.kaeferhube.at

ST. BLASEN**Alpengasthof Moser**

Karchau 8, 8813 St. Blasen
T. +43 (0) 3588 280
office@alp-moser.at
www.alp-moser.at

Gasthof Kirchmoar

Hinterbach 6, 8813 St. Lambrecht
T. +43 (0) 3585 2330
urlaub@kirchmoar.at
www.kirchmoar.at

ST. GEORGEN**AM KREISCHBERG****Dörfwirt Ferienpark Kreischberg**

Ferienpark 100
8861 St. Georgen/Kreischberg
T. +43 (0) 3537 25010
office@bierfactory.at
www.doerflwirt-kreischberg.at

Gasthof Schafferrwirt

Kaindorf 52
8861 St. Georgen/Kreischberg
T. +43 (0) 3537 225
office@schafferrwirt.at
www.schafferrwirt.at

Gasthof Winter

Bodendorf 5
8861 St. Georgen am Kreischberg
T. +43 (0) 3537 230
office@gh-winter-bodendorf.at
www.gh-winter-bodendorf.at

Ottl's Wirtshaus

St. Lorenzen 129
8861 St. Georgen/Kreischberg
T. +43 (0) 664 114 01 05
office@ottls.at
www.ottls.at

ST. LAMBRECHT**Gasthof Torwirt**

Hauptstraße 52
8813 St. Lambrecht
T. +43 (0) 3585 2173
torwirt@aon.at

Steir. Wirtshaus Stifterl

Hauptstraße 7
8813 St. Lambrecht
www.stifterl.com

ST. MAREIN BEI NEUMARKT**Gasthaus Mareinerwirt**

St. Georgen 105
8820 St. Marein bei Neumarkt
T. +43 (0) 680 323 35 18
T. +43 (0) 660 101 46 63
www.mareinerwirt.eatbu.com

Pöllauerhof

St. Marein 48, 8820 Neumarkt
Tel. +43 (0) 3584 2554
poellauerhof@aon.at
www.poellauerhof.at
Company holidays: beginning of
january to beginning of march

ST. PETER AM KAMMERSBERG**Brückenwirt**

Mitterdorf 13, 8843 St. Peter/Kbg.
T. +43 (0) 664 511 63 92
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Police**MURAU**

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Taxi Services**KRAKAU****Siebenhofer Claudia**

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Siebenhofer Hubert

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Veterinarians**MARIAHOF****Dr. Eva Maria Galler**

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Your local contact

Murau tourist association
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www.regionmurau.at

Murau tourist office
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 8850 Murau

**Naturpark Zirbitzkogel-
 Grebenzen tourist office**
 Hauptplatz 1,
 8820 Neumarkt/Stmk.

**St. Georgen am Kreischberg
 tourist office**

St. Lorenzen, Kreischbergstr. 20
 8861 St. Georgen am Kreischberg

**Oberwölz - Lachtal
 tourist office**

Hauptplatz 15, 8832 Oberwölz

**St. Peter am Kammersberg
 tourist office**

St. Peter 82,
 8843 St. Peter am Kammersberg

Infopartner Turracher Höhe

Turracher Höhe 218,
 8864 Turracher Höhe

Krakau tourist office

Krakau ebene 34b, 8854 Krakau

**Infopartner Kloster-
 und Naturparkladen**

Hauptstraße 1,
 8813 St. Lambrecht

Look ahead to Summer

When the last of the snow on the eight mountains in the Murau region has melted and the warmer time of year comes around, the desire to go hiking, swim, ride, fish, experience nature and many other things awakens.

It will once again be time to think about the summer holidays, to treat oneself to a couple of well-earned days off in the incomparable Murau region and to mark one or two events set to take place in the region in your calendar.

August	Samsonfest of the citizen guard Murau
August	Schöder horse market
September	Largest alpine cattle drive in Styria, Lachtal
June to August	Formula One at the Red Bull Ring in Spielberg Moto GP at Red Bull Ring in Spielberg

Further information on all events can be found at
www.regionmurau.at

EATING & DRINKING AT THE JAGAWIRT

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LANDGASTHOF

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Weil es dir gut tut.



Von München: 267 km

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Von Wien: 234 km

Von Brunn: 354 km

Von Salzburg: 151 Km

Von Bratislava: 269 Km

TOURISMUSVERBAND **MURAU**

A-8850 Murau | Stmk

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Liechtensteinstr. 3-5

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www.regionmurauf.at